

SA's 2010 PRELIM ENTRIES

SUB JUNIOR (VROUE)

<i>Divisie</i>	<i>Naam</i>	<i>Prov</i>
56 Kg	Stephanie Pretorius	EP
67.5 Kg	Anneke Jordaan	EP
82,5	Esmay Smith	NW

JUNIOR (VROUE)

<i>Divisie</i>	<i>Naam</i>	<i>Prov</i>
52 Kg	Liezl Pretorius	EP
52	Kelly-Anne Grobler	G
56 Kg	Stephanie Pretorius	EP
82,5	Esmay Smith	NW

SENIOR (VROUE)

<i>Divisie</i>	<i>Naam</i>	<i>Prov</i>
90+	Madelyn Prinsloo	GN
52 Kg	Gillian Smith	EP
52 Kg	Liezl Pretorius	EP
52	Kelly-Anne Grobler	G
56 Kg	Stephanie Pretorius	EP
56	Lisa Basson	G
56	M Sinclair	WP
60	Danel v Jaarsveld	G
60	H Range	WP
67.5 Kg	Sanet Momberg	EP
67.5 Kg	Cene Petit	EP
67,5	Michelle de Souza	G
75	Sue Glazier	KZN
82,5	Esmay Smith	NW
90	Yvette Coetzee	G

MASTER 1 (VROUE)

<i>Divisie</i>	<i>Naam</i>	<i>Prov</i>
52 Kg	Gillian Smith	EP
56 Kg	Anita Barnard	EP
56	M Sinclair	WP
60	H Range	WPp
67,5	Michelle de Souza	G
67,5	R v Dyk	WP
90	Yvette Coetzee	G

MASTER 2 (WOMEN)

90	C Steele	WP
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SUB JUNIOR (MANS)

<i>Divisie</i>	<i>Naam</i>	<i>Prov</i>
56	Dillon Hendricks	NW
60	Petrus Jafta	NW
60	Dylan Sei	NW
60	Given Scorgie	NW
60	Ivan Diobe	NW
60	Eugene Forster	NW
60	Owen Pita	NW
60	W Simon	WP
67,5	Lucas Gabaaya	NW
67,5	Tshepo Rapoo	NW
67,5	Jerome Bosman	NW
67,5	Damion Pigieut	G
67,5	J Dorfling	WP
75	Gratiano Fransman	NW
82.5 Kg	Kyle Valentine	EP
100	Johan Smith	NW
100	Liaan Booysen	NW

JUNIOR (MANS)

<i>Divisie</i>	<i>Naam</i>	<i>Prov</i>
52	S Brokenshire	WP
56	Ivan Vers	NW
60	Prince Longo	NW
60	Baki Gotse	NW
60	W Simon	WP
67,5	Jacobus Seleka	NW
67,5	Jonathan Hendricks	NW
67,5	Harry Shomalistos	G
67,5	Damion Pigieut	G
67,5	Stuart Murchie	GN
67,5	V Arendse	WP
67,5	C Bruce	WP
75 Kg	JP Claasen	EP
75	Jabulani Phantile	NW
75	Nelson Phakathi	NW
75	Juluis Dhutle	NW
75	Tshepo Kgama	G
75	Martinus Vermaak	KZN
75	Ryno Saaiman	GN
75	M Coppenhall	WP
82,5	N Valentine	WP
82,5	C Battison	WP
82,5	C Dippenaar	WP
90 Kg	Juan Fourie	EP
90	Ivan Dekeya	G
100 Kg	Roche Delport	EP

100	Johan Smith	NW
100	Liaan Booyesen	NW
100	Joshua Capazorio	G
100	Minai Raniga	KZN
110 Kg	Hanno Lourens	EP
110	Clyde Keevy	G
125	Thando Makheta	NW
125	L Simons	WP

SENIOR (MANS)

<i>Divisie</i>	<i>Naam</i>	<i>Prov</i>
52	S Brokenshire	WP
60	Jacobus Phalatsi	NW
60	W Simon	WP
67,5	Harry Shomalistos	G
67,5	Damion Pigieut	G
67,5	Stuart Murchie	GN
67,5	K Christians	WP
75	Isreal Mokoena	NW
75	Marlon Daniels	G
75	Tshepo Kgama	G
75	Vinay Gosai	KZN
75	Martinus Vermaak	KZN
75	Glenn vd Linde	GN
75	M Coppenhall	WP
82,5	Bongani Zungu	KZN
82,5	Rhyno La Grange	GN
82,5	N Valentine	WP
82,5	H Cladingbowl	WP
90 Kg	Christo Jordaan	EP
90	Darren Anthony	G
90	Ivan Dikeya	G
90	Brett Johnson	KZN
90	Grant vd Haer	KZN
90	Etienne Potgieter	GN
100	Johan Smith	NW
100	John Mackenzie	G
100	Joshua Capazorio	G
100	Mark Phillips	G
100	Leshav Rai	KZN
110 Kg	Pieter Benade	EP
110	Clyde Keevy	G
110	Rodney Anthony	G
110	George Murchie	GN
110	Pieter Hurn	GN
125	Frank J v Rensburg	KZN
125	Willie Muller	GN
125	Av Heerden	WP

MASTER 1 (MANS)

<i>Divisie</i>	<i>Naam</i>	<i>Prov</i>
67,5	K Christians	WP
75	David Quatse	NW
82,5	H Cladingbowl	WP
90 Kg	Stephen Stander	EP
90 Kg	Christo Jordaan	EP
100	Mark Phillips	G
125	Willie Muller	GN

MASTER 2 (MANS)

<i>Divisie</i>	<i>Naam</i>	<i>Prov</i>
82,5	L Arendse	WP
90	Robert Huff	G
90	Sampie Ludick	GN
110 Kg	André Ludik	EP
110	Rodney Anthony	G
110	George Murchie	GN
125	Willie Johnston Robertson	GN

MASTER 3 (MANS)

75	Dan Oppenheim	G
100	Theuns Naude	NW

UNKNOWN DETAILS

SUB	Thembanani Makubalo	GN
SUB	Nkululeko Ngcwabe	GN
SUB	Philani Mamba	GN
SUB	Sihle Sikhondze	GN
SUB	Mvuyo Nhlabathi	GN
SUB	THULANI Mahlangu	GN
SUB	Tsungai Marerwa	GN
SUB	Kennedy Sekome	GN
SUB	Colo Thlong	GN
SUB	Dylan Mannathoko	GN
JNR	Micheal Motaung	GN
JNR	Kaelo Moeti	GN
JNR	Thabang Mpe	GN
JNR	Thabo Mbitsi	GN
SUB	Waldo Greyling	GN
F SUB	Nthabiseng Sethabane	GN
F JNR	Nombulelo Mkencele	GN
SNR	Gerhard Swanepoel	GN
JNR	Rayner Bartsch	GN
	Ricardo Barreto	FS
	Jaco Claassen	FS
	Alwyn de Jongh	FS
	Micheal du Plessis	FS

	Desmond du Toit	FS
	Neil Els	FS
	Pieter Erasmus	FS
	Ruben Human	FS
	Leander Jacobs	FS
	Louis Jacobs	FS
	Daniel Kobvae	FS
	Paul Makuta	FS
	John Mather	FS
	Elias Moahlodi	FS
	David Modisenyane	FS
	Louis Nel	FS
	Tumelo Pedi	FS
	Flippie Pretorius	FS
	Sarel Pretorius	FS
	Louis Smith	FS
	Herman Spamer	FS
	Mias Strauss	FS
	Moses Tsimane	FS
	Lucas Thekiso	FS
	Armando Fernandes	FS
	Colin Lubbe	FS
	Hein Brussow	FS
	Kekeletso Makuta	FS
	Juan du Preez	FS
	Freek Jonck	FS
	Chantal de Wet	FS
	Craig Blake	FS
	Adriaan Swart	FS
	Philip v Wyk	FS
	Johan Duvenhage	FS
	Gerhard (Figure fanatics)	GN

Compiled by Helgard Coertze on 8/3/10 according to entry list received from various provinces.

Please note that if we cannot find the results of the comp that you have competed in / qualified for SA`s 2010 your name will be take off without further notice – the rule is

clear : ***the 2009 SA champ don't have to qualify for 2010 but all other lifters must compete again between SA`s 2009 and 2010***

Helgard